



OsmoPrep SPLIT DOSE PREPARATION

Facility: _____
Procedure Date/Time: _____
Report to:/Report Time: _____

DAY BEFORE PROCEDURE: _____

PREPARATION DIET

The day before your colonoscopy you may have a breakfast and lunch until 1:00pm. **(Solid food okay)**

After **1:00pm**, you will be on a clear liquid diet such as: **water, clear fruit juices** (ex: apple juice, white grape juice, white cranberry juice, **Gatorade®** (except orange and red flavors/tints), **clear broth** (chicken or beef), **clear bouillon** (chicken or beef), **Jell-o®** (except orange and red flavors/tints), **weak tea** (without cream), **coffee** (without cream), **icy Popsicles** (except orange and red flavors/tints), and **regular or diet soft drinks** (except orange and red flavors/tints). **(A clear liquid is anything that you can read the newspaper through.)**

PREPARATION

A prescription has been sent electronically to your pharmacy _____.

1. At **5:00 pm**- start taking 4- osmo tablets every 15 minutes with an 8-oz glass of a clear liquid for 1 hour. You will only take **20 pills** from 5- 6 pm. It may take a couple of hours before you see results from the prep. Do not be alarmed if you are not having bm's right away, It will come....
2. Continue clear liquids all night to eliminate the risk of dehydration and to help the bowel prep to work better.

MORNING of PROCEDURE: _____

1. The morning of your procedure you will start taking the remaining **12 pills** at _____ and finish at _____. Take 4 pills every 15 minutes with 8 oz of clear liquids. After finishing the prep, **you must also drink 16oz of a clear liquid of choice and finish by _____**. **DO NOT TAKE ANYTHING BY MOUTH AFTER _____**. (Please note that you may not have anything to drink 4 hours prior to the procedure- if you do your procedure will be cancelled.)
2. **Read attached pages as to what medications to take prior to procedure. Please call with any questions.**
3. Bring insurance cards. Leave valuables at home.
4. You will need a driver for your appointment, please have them with you at all times.

PLEASE NOTE THAT YOU WILL BE CHARGED A CANCELLATION FEE IF YOU DO NOT CANCEL YOUR PROCEDURE AS POLICY STATES. (Practice policy for administrative services.)