



CLENPIQ Split Dosing Instructions

Procedure Date/Time: _____

Procedure Location: _____

Arrival Time/Location: _____

THE DAY BEFORE THE PROCEDURE

You may have regular breakfast and lunch until 1:00pm then remain on clear liquids the remainder of the day. Clear liquids DO NOT include ALCOHOL. Any of the following clear liquids are OK:

- Water
- Strained fruit juices (without pulp) including apple, white grape, or white cranberry
- Gatorade (NO RED, ORANGE, OR PURPLE)
- Diet and regular soft drinks (NO RED, ORANGE, OR PURPLE)
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth and/or Beef broth
- Jell-O (NO RED, ORANGE, OR PURPLE) and Popsicles (NO RED, ORANGE, OR PURPLE)

FOLLOW THESE PREP INSTRUCTIONS ONLY – DO NOT FOLLOW THE INSTRUCTIONS ON THE PREP BOX/CONTAINER!

First Dose:

At 6:00 PM – Drink 1 bottle of the Clenpiq solution. **DO NOT mix with anything.** After drinking the solution, fill the cup (included in the kit) to the fill line and drink a minimum of **5 cups of any CLEAR LIQUIDS** listed above. Drink the 5 cups of clear liquids at a pace that is comfortable for you. *We recommend you drink as much clear fluids as you can tolerate for better cleansing and to keep you hydrated.*

THE MORNING OF YOUR PROCEDURE

At _____ AM – Drink the 2nd bottle of the Clenpiq solution. **DO NOT mix with anything.**

- After drinking the solution, you must drink a minimum of **3 cups of any CLEAR LIQUIDS** listed above and continue drinking approved clear fluids until four (4) hours prior to your procedure.
- You may **NOT have anything by mouth 4 hours prior to your procedure except pre-approved medications** or your procedure will be canceled! This includes chewing gum, hard or soft candy, tobacco, etc. **You must be done with the entire prep including clear fluids prior to _____.**
- Take only pre-approved medications with a sip of water. Patients scheduled at the hospital should follow the facility's medication instructions when provided.
- Bring insurance card(s). Leave valuables at home.
- **YOU MUST HAVE an adult family member or friend available to take you to, remain on premises during, and take you home after the procedure.**
- **YOU ARE NOT PERMITTED TO DRIVE 12 HOURS FOLLOWING YOUR PROCEDURE.**

SURGICAL & COLONOSCOPY PROCEDURES CANCELED OR RESCHEDULED WITH LESS THAN 5 BUSINESS DAYS NOTICE WILL INCUR A \$100 FEE.