

PATIENT MEDICATION INSTRUCTIONS

The following instructions are for patients scheduled at Colon and Rectal Specialists, Ambulatory Surgery center. Hospital patients should follow the facility's instructions when provided.

Medications for acid reflux, asthma, allergies, bronchitis, emphysema, and thyroid should be taken with a sip of water on the day of your procedure.

The following medications should be stopped 1-7 days prior to your procedure. Please notify the prescribing doctor of your upcoming procedure to make sure that your prescribing doctor agrees it is safe to stop the medication. Please call our office if you have any questions whether any of your medications are blood thinners.

***The below list does not include all blood thinners/NSAIDS.**

Blood thinners	NSAIDS	OTC Supplements
Aggrenox (dipyridamole+ aspirin)	Aspirin (Excedrin, Bayer)	Fish Oil
Aggrastat (Tirofiban)	Arava (Leflunomide)	Garlic in large amounts
Arixtra (Fondaparinux Sodium)	Celecoxib (Celebrex)	Ginko Biloba
Coumadin (Warfarin)	Ibuprofen (Advil, Motrin)	Ginger
Dicumarol (Dicumarol)	Indomethacin (Indocin)	Ginseng
Effient (Prasugrel)	Mag salicylate (Bayer Select)	St John's Wart
Eliquis (Apixaban)	Meloxicam (Mobic)	Saw Palmetto
Integrilin (Eptifibatide)	Nabumetone (Relafen)	Vitamin E
Miradon (Anisinidine)	Naproxen (Naprosyn)	Vayarin
Plavix (Clopidogrel Bisulfate)	Naproxen sodium (Aleve)	
Persantine (Dipyridamole)	Oxaprozin (daypro)	
Pletal (Cilostazol)	Piroxicam (Feldene)	
Pradaxa (Dabigatran)	Tolmetin Sodium (Tolectin)	
Reopro (Abciximab)	Valdecoxib (Bextra)	
Xarelto (Rivaroxaban)	Diclofenac (Voltaren)	
Savaysa (Edoxaban)		
Brilinta (Tricagrelor)		

DO NOT take the following blood pressure medications the morning of your procedure until you get home.

ACE Inhibitors

Lisinopril (Prinivil, Zestiril, Qbrelis)
Ramipril (Altace)
Captopril (Capoten)
Enalapril (Vasotec)
Benazepril (Lotensin)
Moexipril (Univasc)
Perindopril (Aceon)
Trandolapril (Mavik)

ARBs

Losartan (Cozaar)
Valsartan (Diovan)
Irbesartan (Avapro)
Olmesartan (Benicar)
Candesartan (Atacand)
Telmisartan (Micardis)
Eprosartan (Teveten)

ALL OTHER BLOOD PRESSURE/HEART MEDICATIONS you normally take in the morning should be taken with a sip of water the day of your procedure.

****MORE INSTRUCTIONS ON BACK/NEXT PAGE****

DO NOT TAKE FLUID/DIURETIC MEDICATIONS the morning of your appointment until you get home. These include Amiloride, Bumetanide, Chlorothiazide, Dyazide, Furosemide, Hydrochlorothiazide, Mannitol, Maxzide, Moduretic, Spironolactone, Torsemide, and Triamterene.

DIABETIC PATIENTS: DO NOT TAKE DIABETIC MEDICATIONS OR INSULIN THE MORNING OF YOUR PROCEDURE.

- **If you require insulin**, administer half (½) of your regular dose the evening before but DO NOT administer any insulin the morning of your procedure.
- **If you have an insulin pump**, please turn off your pump the morning of your procedure and bring your instant glucometer (if you have one) with you so we may monitor your blood sugar.

ALL OTHER MEDICATIONS SHOULD BE TAKEN WHEN YOU GET HOME UNLESS OTHERWISE INSTRUCTED.

HOSPITAL PROCEDURE PATIENTS

YOU WILL RECEIVE A CALL FROM THE HOSPITAL NURSE 1-5 DAYS BEFORE YOUR APPOINTMENT TO:

- Confirm your appointment/arrival time
- Ask you questions about your health
- **Provide medication instructions**

If you need to cancel/reschedule your procedure, **you MUST contact our office**. The hospital is **NOT** responsible for notifying us. Our cancellation policy remains in effect until you contact our office directly.



NOTIFY YOUR PHYSICIAN'S NURSE



- If you think that your bowel prep did not completely clear the intestines for any reason, please call your doctor or the doctor on call for an alternative prep.
- If you become nauseated during your prep, drink the prep at a slower pace and through a straw. If you develop severe abdominal pain and/or vomit during your prep, please call your doctor or the doctor on call immediately.
- If you have an artificial heart valve, been hospitalized for bacterial endocarditis, or had recent joint replacements in the last 6-12 months, please call your surgeon's office so that antibiotic coverage can be arranged prior to your procedure. Your procedure will be canceled if appropriate antibiotic coverage is not arranged.

****PLEASE NOTE THAT YOU WILL INCUR A \$100 CANCELLATION FEE IF YOU DO NOT CANCEL YOUR PROCEDURE AS POLICY STATES****

Procedures scheduled on Monday must be canceled or rescheduled by 4:30 the preceding Wednesday.
Procedures scheduled on Tuesday must be canceled or rescheduled by 4:30 the preceding Thursday.
Procedures scheduled on Wednesday must be canceled or rescheduled by 4:30 the preceding Friday.
Procedures scheduled on Thursday must be canceled or rescheduled by 4:30 the preceding Monday.
Procedures scheduled on Friday must be canceled or rescheduled by 4:30 the preceding Tuesday.