

## SUPREP Bowel Prep For AM Procedures

Facility: \_\_\_\_\_

Procedure Date/Time: \_\_\_\_\_

Report Time: \_\_\_\_\_

DAY BEFORE THE PROCEDURE: \_\_\_\_\_

### FOLLOW THE INSTRUCTIONS PROVIDED BY YOUR DOCTOR AND NOT ON THE MEDICATION BOX!

1. You may have a regular breakfast until 08:00am then remain on clear liquids the remainder of the day. Any of the following clear liquids are OK:

- Water
- Strained fruit juices (without pulp) including apple, white grape, or white cranberry
- Gatorade
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth and/ or Beef Broth
- Jell-o (NO RED OR ORANGE) and Popsicles (NO RED OR ORANGE)

#### First Dose:

1. **At 12:00 PM** pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing cup.
2. Add cool drinking water or sugar-free drink to the 16-ounce line on the cup and mix.
3. Drink **ALL** the liquid in the mixing cup. There is no need to chug the mixture down just drink it within the hour.
4. You **MUST** drink two (2) more 16-ounce cups of fluids over the next hour.

#### Second Dose:

1. **At 06:00 PM** pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing cup.
2. Add cool drinking water or sugar-free drink to the 16-ounce line on the cup and mix.
3. Drink **ALL** the liquid in the mixing cup. There is no need to chug the mixture down just drink it within the hour.
4. You **MUST** drink two (2) more 16-ounce cups of fluids over the next hour.

**NOTHING TO EAT OR DRINK OR MEDICATIONS AFTER MIDNIGHT!**

MORNING OF PROCEDURE: \_\_\_\_\_

1. Nothing to eat or drink until after the procedure. This includes chewing gum, tobacco and candy.
2. Read attached pages as to what medications to take prior to procedure. Please call the office with any questions.
3. Bring insurance cards. Leave valuables at home.
4. IT IS IMPERATIVE TO HAVE YOUR DRIVER HERE AT ALL TIMES.

**PLEASE NOTE THAT YOU WILL BE CHARGED A CANCELLATION FEE(\$100.00)  
IF YOU DO NOT CANCEL YOUR PROCEDURE AS POLICY STATES. (Practice policy  
for administrative services.)**

**(Practice Policy for Administrative Services)**

1. If you think that your bowel prep did not completely clear the intestines for any reason, please call your doctor or the doctor on call for an alternative prep.
2. If you have a history of artificial heart valve, recent joint replacements or have been hospitalized for bacterial endocarditis, **please call your physician's nurse** so that antibiotic coverage can be arranged prior to your procedure.
3. If you are on any type of prescribed medications, **please notify the prescribing doctor** of your upcoming colonoscopy/surgery. Please make sure that doctor agrees that it is okay to stop the medication.
4. Do not take diuretics on the day of your procedure. These include clorothiazide, hydrochlorothiazide, furosemide, bumetanide, toresmide, amiloride, spironoactone, triameterene, mannitol, dyazide, maxzide and moduretic.
5. **Please make sure that you take all medications for acid reflux, asthma, bronchitis or emphysema in the morning with a sip of water on the day of your procedure.**
6. **If you take blood pressure medications in the morning, please make sure you take all blood pressure medications the day of your procedure with a sip of water. This includes combination medications for blood pressure which contain diuretics.**

These are some examples of medications that should be stopped 3-7 days prior to your procedure. These medications thin the blood. If you are on a medication that was prescribed to you (or is over the counter) to help thin your blood and it is not on the list, please stop it prior to your procedure. (if recommended by your prescribing physician).

<b>Blood thinners</b>	<b>NSAIDS</b>	<b>OTC Supplements</b>
<b>Aggrenox (dipyridamole+ aspirin)</b>	<b>Aspirin ( Excedrin, bayer)</b>	<b>Fish oil</b>
<b>Aggrastat (tirofiban)</b>	<b>Celecoxib (celebrex)</b>	<b>Garlic in large amounts</b>
<b>Arixtra (fondaparinux sodium)</b>	<b>Ibuprofen (advil, motrin)</b>	<b>Ginko biloba</b>
<b>Coumadin (warfarin)</b>	<b>Indomethacin ( indocin)</b>	<b>Ginger</b>
<b>Dicumarol (dicumarol)</b>	<b>Mag salicylate (bayer select)</b>	<b>Ginseng</b>
<b>Effient (prasugrel)</b>	<b>Meloxicam (mobic)</b>	<b>St John's Wart</b>
<b>Integrilin (eptifibatide)</b>	<b>Nabumetone ( Relafen)</b>	<b>Saw Palmento</b>
<b>Miradon ( anisinidine)</b>	<b>Naproxen (naprosyn)</b>	<b>Vitamin E</b>
<b>Plavix (clopidogrel bisulfate)</b>	<b>Naproxen sodium (aleve)</b>	
<b>Persantine (dipyridamole)</b>	<b>Oxaprozin (daypro)</b>	
<b>Pletal (cilostazol)</b>	<b>Piroxicam (feldene)</b>	

<b>Pradaxa (dabigatran)</b>	<b>Tolmetin sodium (tolectin)</b>	
<b>Reopro (abciximab)</b>	<b>Valdecoxib (bextra)</b>	
<b>Xeralto (rivaroxaban)</b>		

<b>ACE INHIBITORS</b>	<b>BETA BLOCKERS</b>	<b>ANGIOTENSION II</b>	<b>COMBINATION</b>
Accupril (quinapril)	Betapace (sotalol)	Atacand (candesartan cilexetil)	Aldoril (methyldopa + hctz)
Aceon ( perindopril)	Bisoprolol (zebeta)	Avapro (irbesartan)	Capozide (captopril + hctz)
Altace (Ramipril)	Blocadren (timolol)	Benicar (olmesartan)	Corzide (nadolol + bendroflumethiazide)
Capoten (captopril)	Bystolic (nebivolol)	Cozaar (losartan)	Dyazide (triameterene + hctz)
Lotension (benazepril)	Cartrol (carteolol)	Diovan (Valsartan)	Hyzaar (losartan + hctz)
Mavik (trandolapril)	Coreg (carvedilol)	Hyzaar (losartan)	Inderide (propranolol + hctz)
Monopril (fosinopril)	Corgard (nadolol)	Micardis (telmisartan)	Lexxel( feldopine + enalapril)
Prinivil (lisinopril)	Inderal& inderal-la (propranolol)	Teveten (eprosartan mesylate)	Lotrel (amlodipine + benazepril)
Prinizide (lisinopril + diuretic)	Kerlone(betaxolol)	Valsartan (diovan)	Lotension hct (benazepril + hctz)
Univasc (moexipril)	Levatol (penbutolol)	<b>OTHER BP MEDS</b>	Moduretic (amiloride + hctz)
Vasotec (enalapril, analaprilat)	Lopressor (metoprolol)	Catapres (clonidine)	Prinizide (lisinopril + hctz)
Zesteril (lisinopril)	Normodyne(labetalol)	Cardura (doxazosin)	Tentoretic (atenolol + chlorthalidone)
	Tenormin (atenolol)	Cardene (nicardipine)	Vaseretic(enalapril + diuretic)
	Toprol xl(metoprolol)	Cardizem (diltiazem)	Zestoretic (lisinopril + diurectic)
	Trandate (labetalol)	Norvasc (amlodipine)	Ziac (bisoprolol + hctz)
	Zebeta(bisoprolol)	Plendil (felodipine)	
		Procardia xl (nifedipine)	