

## **MOVIPREP PREPARATION INSTRUCTIONS**

Facility: \_\_\_\_\_

Procedure Date/Time: \_\_\_\_\_

Report to:/Report Time: \_\_\_\_\_

### **DAY BEFORE PROCEDURE:**

The day before your colonoscopy/surgery, you may have breakfast up until 11:00am.

After **11:00am** you will be on a clear liquid diet such as: **water, clear fruit juices** (ex: apple juice, white grape juice, white cranberry juice, lemonade, **Gatorade®** (except orange and red flavors/tints), **clear broth** (chicken or beef), **clear bouillon** (chicken or beef), **Jell-o®** (except purple, orange and red flavors/tints), **weak tea** (without cream), **coffee** (without cream), **icy Popsicles** (except purple, orange and red flavors/tints), and **regular or diet soft drinks** (except purple orange and red flavors/tints). **(A clear liquid is anything that you can read the newspaper through. THIS DOES NOT INCLUDE ALCOHOL)**

**PLEASE FOLLOW THE PREPERATION INSTRUCTIONS GIVEN TO YOU  
BY OUR OFFICE, NOT THE ONES ON THE CONTAINER/BOX**

Your MoviPrep carton contains 4-pouches and a disposable container for mixing. Mix solution ahead of time and refrigerate prior to drinking. **MIXING INSTRUCTIONS:** Empty 1-Pouch A and 1-Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

At **5:00 p.m.** – start Movi Prep solution. The container is divided by 4-marks. Every 15-minutes, drink the solution down to the next mark (**approximately 8 ounces from mark to mark**) until the entire liter has been consumed. **After completing the prep, drink at least another 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.**

At **9:30 p.m.** – Mix and drink the second liter in the same manner as the first. Ice chips may be added to cool. Continue drinking clear liquids up until midnight to reduce the risk of dehydration.

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE. This includes water, chewing gum, chewing tobacco, hard or soft candy.**

**SURGICAL OR ENDOSCOPY PROCEDURES CANCELLED AND RESCHEDULED WITH LESS THAN 3 BUSINESS DAYS NOTICE WILL INCUR A \$100 FEE.**

**YOU ARE NOT ALLOWED TO DRIVE UP TO 12 HRS AFTER YOUR PROCEDURE.**

**Due to the sedation given for this procedure, you will need a designated driver. It is imperative that your driver remains in the waiting area at all time.**





<b>Pletal (cilostazol)</b>	<b>Piroxicam (feldene)</b>	
<b>Pradaxa (dabigatran)</b>	<b>Tolmetin sodium (tolectin)</b>	
<b>Reopro (abciximab)</b>	<b>Valdecoxib (bextra)</b>	
<b>Xeralto (rivaroxaban)</b>		

<b>ACE INHIBITORS</b>	<b>BETA BLOCKERS</b>	<b>ANGIOTENSION II</b>	<b>COMBINATION</b>
Accupril (quinapril)	Betapace (sotalol)	Atacand (candesartan cilexetil)	Aldoril (methyldopa + hctz)
Aceon ( perindopril)	Bisoprolol (zebeta)	Avapro (irbesartan)	Capozide (captopril + hctz)
Altace (Ramipril)	Blocadren (timolol)	Benicar (olmesartan)	Corzide (nadolol + bendroflumethiazide)
Capoten (captopril)	Bystolic (nebivolol)	Cozaar (losartan)	Dyazide (triameterene + hctz)
Lotension (benazepril)	Cartrol (carteolol)	Diovan (Valsartan)	Hyzaar (losartan + hctz)
Mavik (trandolapril)	Coreg (carvedilol)	Hyzaar (losartan)	Inderide (propranolol + hctz)
Monopril (fosinopril)	Corgard (nadolol)	Micardis (telmisartan)	Lexxel( feldopine + enalapril)
Prinivil (lisinopril)	Inderal& inderal-la (propranolol)	Teveten (eprosartan mesylate)	Lotrel (amlodipine + benazepril)
Prinizide (lisinopril + diuretic)	Kerlone(betaxolol)	Valsartan (diovan)	Lotension hct (benazepril + hctz)
Univasc (moexipril)	Levatol (penbutolol)	<b>OTHER BP MEDS</b>	Moduretic (amiloride + hctz)
Vasotec (enalapril, analaprilat)	Lopressor (metoprolol)	Catapres (clonidine)	Prinizide (lisinopril + hctz)
Zesteril (lisinopril)	Normodyne(labetalol)	Cardura (doxazosin)	Tentoretic (atenolol + chlorthalidone)
	Tenormin (atenolol)	Cardene (nicardipine)	Vaseretic(enalapril + diuretic)
	Toprol xl(metoprolol)	Cardizem (diltiazem)	Zestoretic (lisinopril + diurectic)
	Trandate (labetalol)	Norvasc (amlodipine)	Ziac (bisoprolol + hctz)
	Zebeta(bisoprolol)	Plendil (felodipine)	
		Procardia xl (nifedipine)	



Colon & Rectal  
Specialists

Dr. Gentry